# Using MLPs to Address the Children's Mental Health Crisis



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## **Medical Legal Partnership**









## Medical Legal Partnership: Three-part strategy



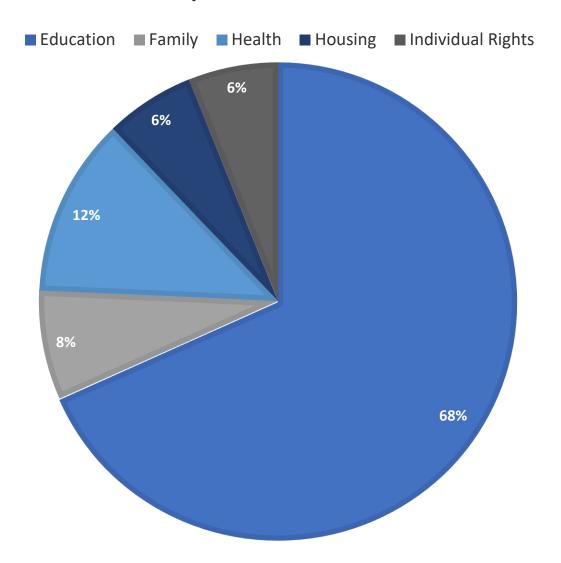
- Individual Clients: consultations & representation to providers, directly to families
- Education & Training: didactics, experiential, resources
- Systemic Advocacy: translate individual patient advocacy to systemic change





#### **MLP Non-Client Consultations**

#### **Topic Area Breakdown**

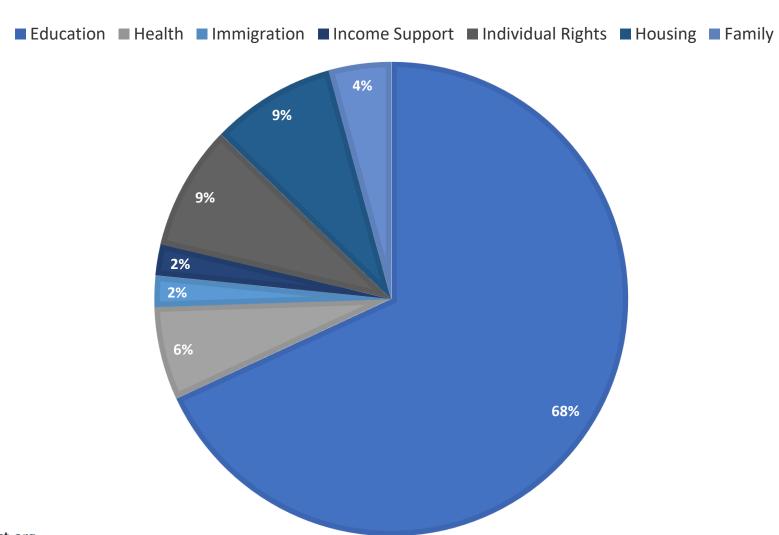






### **MLP Cases**

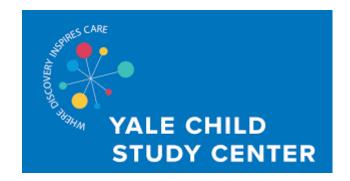
#### **Topic Area Breakdown**







# Mental Health Crisis: Living Through and Emerging from Covid-19











## Mental Health Crisis: Living Through and Emerging from Covid-19

#### **During the pandemic**

- Acuity increase
- Challenges of telehealth
- Daycare closures
- Parents balancing work & childcare
- Variability in education services

#### **Emerging from the pandemic**

- Adjustment back to formal settings
- Lack of school readiness skills
- Overwhelmed teachers
- Delay in services





#### **Case Conversations: Nelson**

- 4-year-old child with extensive trauma history before DCF placement & adoption
- Family working with Dr. Mayo for 6 months, during which time Nelson was kicked out of 2 different preschools
- District found Nelson ineligible for services, so Nelson was stuck at home with working parent for months





#### **Case Conversations: Lincoln**

- 3-year-old child described by longtime clinical team as "the most severe ADHD" they've ever seen
- His hyperactivity and impulsivity resulted in him falling out of a third-story window at 2.5 years old
- Dr. Mayo & team working to provide trauma treatment related to his fall, behavioral support for his hyperactivity and impulsivity
- "Shortened day" for school → insufficient program
- Failure to evaluate & identify for services





## **Case Conversations: Hailey**

- 4-year-old girl referred for trauma treatment after she witnessed her mother's tragic death
- Grandmother (new guardian) needed assistance navigating FMLA, housing, benefits
- Treatment goal: Hailey needed grandmother to be home in evenings





## Where Are We Going?

- Continuing to increase our reach with different YCSC programs & subspecialties
- Interdisciplinary lessons
- Develop new ways to collaborate on systemic advocacy (legislation & litigation)
- Further explore impact through outcome measurement



