

## Warmline

**833-258-5011**

4/20/20 from DCF:

The Department of Children and Families, in collaboration with the United Way and our community providers, have developed this line. The intent was to have another resource for families who are feeling stressed and overwhelmed during this time and would like to outreach and speak to someone. **This is not a DCF line nor are our staff involved with speaking to the families.**

**Callers do not have to give their name, the line is not recorded and it operates similar to when you call 211.** Given the speed at which we wanted the line up and running, we looked to existing community providers for assistance and they are staffing it. **We will not have knowledge of who calls.**

**The intent here is support.** Giving parents an opportunity to simply have someone to talk with when they are having a hard time. We are very excited the line has commenced and look forward to seeing how families are assisted in the process.

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Email from DCF:

Governor Lamont and DCF Commissioner Dorantes spoke at his press conference last week advising of the "When it Builds Up, Talk it Out" campaign.

These public service announcements will be aired on television: [TalkITOutCT.com](http://TalkITOutCT.com) TV PSA as well as radio: [TalkItOutCt.com](http://TalkItOutCt.com) Radio PSA

Parents who wish to access supports are invited to call **833-258-5011** and speak with trained professionals who will listen and speak with them about their concerns and, if additional help is needed, refer them to responsive services. They can also utilize their phones to visit [www.talkitoutct.com](http://www.talkitoutct.com) and click on the link to be connected to the same caring professionals.

The "Talk It Out Line" is available Monday through Friday from 8 am to 8 pm and on weekends from 1 pm to 8 pm and has both English and Spanish capacity.