

**CRUZANDO
 FRONTERAS:**
CROSSING FRONTIERS
**A DIALOGUE ABOUT THE
 MENTAL HEALTH OF
 CONNECTICUT LATINO
 YOUTH AND FAMILIES**



Artist Xavier Cortada "Familia Unida"

**WEDNESDAY
 SEPTEMBER 26, 2007
 8:30 AM– 4 PM
 HARBOR BALLROOM
 HOLIDAY INN
 BRIDGEPORT, CT**

**Presented by
 HALL-BROOKE
 Behavioral Health Services and the
 Latino Mental Health
 Advisory Council**

This event is made possible by a grant from
 the Connecticut Health Foundation



OBJECTIVES

The following are the objectives for this Summit:

- To address the mental health issues affecting Latino youth in Connecticut;
- To delineate the differences of mental health issues and treatment approaches between Latino and mainstream youth;
- To recognize the impact of immigration, acculturation and uninsured status on the mental health of Latinos.

Latino Mental Health Advisory Council Participants



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Registration:

No Fee

**Space will be limited to the first
 100 registrants.**

Name _____

Title _____

Agency/Organization _____

Address _____

City _____

State _____ Zip Code _____

Daytime telephone _____

E-mail Address: _____

Please respond by September 19, 2007

Complete the attached form and mail to:
 Continuing Education Program
 Hall-Brooke Behavioral Health Services
 47 Long Lots Road
 Westport, CT 06880

For Further Information
 Phone: 203-221- 8885 or
 Email: wwasserman@stvincents.org

PROGRAM SCHEDULE

8:30 – 9:00 AM	Registration and Continental Breakfast
9:00 – 9:05 AM	Welcome, Beatrice Chodosh, LPC
9:05—9:15 AM	Spiritual Remarks: Reverend Carmen Marcano
9:15 - 10:15 AM	Setting the Agenda: Honorable Carmen L. Lopez
10:15 – 10:30 AM	Break
10:30 - 11:30 AM	Keynote Presentation: Margarita Alegría, PhD
11:30 Am - Noon	Presentation: Program Successes
Noon – 1 PM	Lunch and Entertainment
1 – 1:45 PM	Workshop Session #1: Mental Health Issues and Latino Youth, Presented by Dr. Rodolfo Rosado
1:45 – 2:30 PM	Workshop Session # 2: Impact of Immigration and Acculturation on the Mental Health of Latino Youth and Families, Presented by Alexandra Molina and Myra Cagganello, MPH
2:30 – 3 PM	Break
3 - 3:45 PM	Workshop Session # 3: How to Empower Families and Communities to Seek Solutions, Presented by Onell Calderas
3:45 – 4: 15 PM	Panel Discussion

Workshops run concurrently and attendees will rotate through all three sessions.

OVERVIEW

“Crossing Frontiers: A Dialogue about the Mental Health of Connecticut Latino Youth and Families” is a Latino Mental Health Summit open to community providers, legislators, hospital administrators, educators, clergy and families. The Summit will seek to address behavioral health issues impacting this growing population through the development of an action plan. This action plan will compel providers to create solutions to address the mental health needs of Latino youth in Connecticut and to empower families to seek treatment for Latino youth with mental health issues.

“Cruzando Fronteras: Un Diálogo sobre la Salud Mental de la Juventud Latina y las Familias de Connecticut” es una Cumbre latina abierta a profesionales de la salud, legisladores, administradores de hospitales, educadores, clérigos y familias. El objetivo de la Cumbre es concentrarse en los temas que afectan a esta población creciente y desarrollar un plan de acción. La meta del plan de acción es motivar a los profesionales de la salud a crear soluciones concernientes a las necesidades de la juventud latina y de las familias de Connecticut, y alentar a las familias a buscar tratamientos para la juventud latina con problemas de salud mental.

KEYNOTE SPEAKER

Margarita Alegría, PhD

Dr. Alegría is director of the Center for Multicultural Mental Health Research (CMMHR) at Cambridge Health Alliance. She oversees an interdisciplinary group of professionals that assist in the research, analysis, and administration of the Center projects. Dr. Alegría worked for 22 years at the University of Puerto Rico, most recently as director of the Center for Evaluation and Sociomedical Research (CESR) and as a professor. She was awarded the 2003 Mental Health Section Award at the 131st Meeting of the American Public Health Association. Dr. Alegría has devoted her professional career to researching disparities in mental health and substance abuse services for Latinos and other minority populations. Her published work focuses on defining and proposing solutions to disparities in mental health care services in minority populations, specifically Latinos in Puerto Rico and the United States; conceptual and methodological issues with minority populations; risk behaviors; and disparities in service delivery. Dr. Alegría serves on the board of directors for the Children’s Foundation and the Felisa Rincón De Gautier Foundation. She earned a bachelor’s degree from Georgetown University, a master’s degree from the University of Puerto Rico, and a Ph.D. from Temple University, all in psychology.

PRESENTER

Honorable Carmen L. Lopez

A native of Puerto Rico, the Honorable Carmen L. Lopez is currently serving her second eight-year term as a judge of the Connecticut Superior Court, having been appointed to the position in 1996. Judge Lopez has had a long-standing involvement with Latino organizations in Bridgeport, as well as those representing the Latino community on a state-wide level. She is listed in *Who’s Who Among Hispanic Americans*. A Business Administration graduate of Sacred Heart University, Judge Lopez received her J.D. from Suffolk University Law School and is a member of the Connecticut, Bridgeport and Hispanic Bar Associations. Judge Lopez is married to Judge Dale W. Radcliffe, who also serves on the Connecticut Superior Court. Judge Lopez is currently assigned to the Civil Division of the New Haven Judicial District. Judge Lopez’s

tenure on the Superior Court has been marked by leadership of initiatives aimed at enhancing the judicial system’s ability to address and prevent problems affecting families and youth. Judge Lopez also coordinated the Connecticut judicial system’s participation in a federal program designed to improve its ability to serve court-involved girls and young women. Her commitment to using the judicial system to address the needs of children and youth provided the impetus for her to organize the 2000 Juvenile Court Law Day event, which brought together numerous community and national leaders.

LATINO MENTAL HEALTH ADVISORY COUNCIL

The Latino Mental Health Advisory Council consists of mental health providers, educators, judicial and government representatives and advocates from the greater Fairfield County area. The objective of the Advisory Council is to establish an agenda for advocacy, education and the better integration of solution-focused mental health and substance abuse treatment approaches for Latinos in the region. We view the Latino population as underserved and the Advisory Council’s guiding principle is to seek and identify solutions in overcoming issues impacting the behavioral health of the Latino population.

Latino Mental Health Advisory Council Members:

Beatrice Chodosh, LPC, Hall-Brooke Behavioral Health Services ~ Onell J. Calderas, Sondeo, LLC ~ Jose Ortiz, DMHAS ~ Andres Ayala, Legislator ~ Jose Diaz, Episcopal Church ~ Mariano Ortiz, Department of Public Health ~ Irma Santiago, DuBois Center ~ Joey Jimenez, Liberation Programs ~ Maria Brereton, DCF ~ Sonia Gaztambide, Alzheimer’s Association ~ Paloma B. Dee, NAMI ~ Carmen E. Marcano, Helping Hands ~ Justino Rosado, Attorney ~ Anna Maria Badash, Stamford Board of Education ~ Alexandra Molina, DCF ~ Diana Canas, Connecting Families LLC ~ Jacqueline Torres, Coalition Against Domestic Violence ~ Jose Torres, Proyecto Nueva Vida ~ Debra Iverson, Hall-Brooke Behavioral Health Services ~ Jonathan Harland, MD, Hall-Brooke Behavioral Health Services